### Decision rules for allocation of finances to Health Systems Strengthening

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#### In historical context

"Horizontal" approaches – focus on the system



## What is the "health system"?

- Service delivery: packages; delivery models; infrastructure; management; safety and quality; demand for care
- Health workforce: national workforce policies and investment plans; advocacy; norms, standards and data
- Information: facility and population based information and surveillance systems; global standards, tools
- Medical products, vaccines and technologies: norms, standards, policies; reliable procurement; equitable access; quality
- Financing: national health financing policies; tools and data on health expenditures; costing
- Leadership and governance: health sector policies; harmonization and alignment; oversight and regulation

WHO (2007) "Strengthening health system to improve health outcomes"

"The level of understanding, the sophistication of the evidence, the strength of the measures, and the credibility of strategies and interventions to strengthen health systems remain at a very primitive state and it's frustrating that we're not advancing more quickly on these fronts..."

Hafner and Schiffman (2013), quoting a "senior WHO official with long-standing involvement in health systems research"

### How do cost-effectiveness analysis for HSS interventions?

- HSS interventions are complementary with vertical programmes
  - Better trained staff can deliver treatments at higher levels of quality
  - Improved public health surveillance can allow for better targetting of interventions
  - Improved management can prevent loss and pilferage of commodities



### Qualitative results

- This programme is
  - Non-linear
  - Non-convex
- But for each cluster, at optimality
  - There is a "critical project"
  - Everything funded in that cluster has ICER better than the ICER of the critical project
  - Everything not funded in that cluster has ICER worse than the ICER of the critical project

## Algorithmic results

- When there is only one cluster...
  - Eg we are trading off between strengthening the malaria system vs bednets, spraying etc
- ... the problem can be solved by hand
  - Check out "whole number allocations" where all projects are funded or not
  - Check out "fractional allocations" where there is a single critical project and all other projects are funded or not
- This is *O(n)* complexity where n is the number of projects

#### Worked example with one cluster

| Intervention               | Cost per     | Total Cost | Number of  | Ratio of       |
|----------------------------|--------------|------------|------------|----------------|
|                            | HIV infec-   | (US\$)     | infections | benefits to    |
|                            | tion averted |            | averted    | costs (cost-   |
|                            | (US\$2002)   |            |            | effectiveness) |
|                            | 1            | 2          | 3          | 4              |
| Peer group educationsex    | 16           | 39,575     | 2473       | 0.0625         |
| workers                    |              |            |            |                |
| Safe blood transfusion     | 84           | 50,000     | 595        | 0.0119         |
| Peer group educationy-     | 530          | 423,500    | 799        | 0.00189        |
| oung people                |              |            |            |                |
| Mass media and social      | 534          | 1,300,000  | 2434       | 0.00187        |
| marketing of condoms       |              |            |            |                |
| Peer group educationhigh   | 580          | 500,000    | 862        | 0.0017         |
| risk men                   |              |            |            |                |
| Targeted AZT to pregnant   | 939          | 300,000    | 319        | 0.0011         |
| women                      |              |            |            |                |
| Voluntary testing          | 1190         | 310,000    | 261        | 0.0008         |
| Targeted advice for breast | 2424         | 150,000    | 62         | 0.00041        |
| feeding                    |              | ,          |            |                |
| Targeted treatment of      | 2748         | 560,000    | 204        | 0.00036        |
| STIS                       |              |            |            |                |

Table 1: Data for HIV prevention programmes

#### HSS investment as gamma varies





- Peer group education—sex workers
- Safe blood transfusion
- Peer group education—young people
- Mass media and social marketing of condoms
- Peer group education—high risk men
- Targeted AZT to pregnant women
- Voluntary testing
- Targeted advice for breast feeding
- Targeted treatment of STIs

### Worked example with 3 clusters\*

Table 4: Data for HIV, TB and Malaria example

| Intervention           | Target<br>popula-<br>tion | Unit Cost<br>of inter-<br>vention<br>(US\$) | Total<br>Cost<br>(US\$) | \$ per<br>DALY | Adherence | DALYS<br>averted | Ratio of<br>benefits<br>to costs<br>(cost-<br>effectiveness | 3)              |
|------------------------|---------------------------|---|-------------------------|----------------|-----------|------------------|---|-----------------|
|                        | 1                         | 2   | 3                       | 4              | 5         | 6                | 7   |                 |
|                        |                           |   | HIV                     |                |           |                  |   |                 |
| Testing                | 1,700,000                 | 17  | $28,\!900,\!000$        | 38.27          | 0.39      | $294{,}512.67$   | 0.0102  |                 |
| ART first line         | 500,000                   | 511   | 255,500,000             | 451.50         | 0.80      | 452,713.18       | 0.0018  |                 |
| treatment              |                           |   |                         |                |           |                  |   |                 |
|                        |                           |   | $\mathbf{TB}$           |                |           |                  |   |                 |
| DOTS treat-<br>ment    | 20,000                    | 755   | 15,100,000              | 132.96         | 0.95      | 107,889.59       | 0.0071  |                 |
| Diagnosis              | 140,000                   | 9.98  | 1,397,200               | 126.35         | 0.34      | 3,759.78         | 0.0027  |                 |
| MDR-TB treat-          | 100                       | 7,595                                       | 759,500                 | 521.96         | 0.80      | 1,164.07         | 0.0015  |                 |
| ment                   |                           |   |                         |                |           |                  |   |                 |
|                        |                           |   |                         |                |           |                  |   |                 |
| Malaria                |                           |   |                         |                |           |                  |   |                 |
| Treatment with<br>ACTs | 5,000,000                 | 2.03  | 10,150,000              | 13.91          | 0.60      | 437,814.52       | 0.0431  | * Solved        |
| Intermittent           | 945,000                   | 0.30  | 283,500                 | 25.68          | 0.40      | 4,415.89         | 0.0156  | computationally |
| preventive             | -                         |   | *                       |                |           | -                |   | in Matlah       |
| treatment in           |                           |   |                         |                |           |                  |   |                 |
| pregnancy<br>(IPTp)    |                           |   |                         |                |           |                  |   |                 |



# Nonconvexities can give counterintuitive results



# Is this the right decision rule for donors?\*

- Donor which can supply \$1m to country to prevent HIV infections
- Country considers that spending more than \$300 of its domestic resources to avert a single HIV infection is not good value for money

| •    | Donor<br>proceeds           |                               | Total Cost \$ | Number<br>infections<br>averted | Cost per HIV<br>infection<br>prevented<br>(US\$, 2002) |
|------|-----------------------------|-------------------------------|---------------|---------------------------------|--|
|      | down the                    | 1. Peer group education—sex   |               |                                 |  |
|      | list in CF                  | workers                       | 39,575        | 2473                            | 16   |
|      | order                       | 2. Safe blood transfusion     | 50,000        | 595                             | 84   |
|      |                             | 3. Peer group education—      |               |                                 |  |
| •    | \$1.000.000                 | young people                  | 423,500       | 799                             | 530  |
|      |                             | 4. Mass media and social      | 4 200 000     | 2.42.4                          | 52.4   |
|      | will be                     | marketing of condoms ****     | 1,300,000     | 2434                            | 534  |
|      | spent on                    | 5. Peer group education—      | 500.000       | 062                             | 500  |
| Η̈́ν | 6. Targeted AZT to pregnant | 500,000                       | 862           | 580                             |  |
|      | nrevention                  | women                         | 300,000       | 319                             | 939  |
|      | prevention                  | 7. Voluntary testing          | 310,000       | 261                             | 1190   |
|      | and <b>4,779</b>            | 8. Targeted advice for breast |               |                                 |  |
|      | infections                  | feeding                       | 150,000       | 62                              | 2424   |
|      | will be<br>averted          | 9. Targeted treatment of STIs | 560,000       | 204                             | 2748   |

- Suppose subsidise interventions to make them CE for Country?
- Country spends its own funds on interventions 1 and 2

|                 |                | Number     |                 |            | Donor \$/ |                            |
|-----------------|----------------|------------|-----------------|------------|-----------|----------------------------|
|                 | Original Total | infections | Donor           | Subsidised | infection |                            |
|                 | Cost Ş         | averted    | contribution \$ | cost       | averted   |                            |
| 3.Peer group    |                |            |                 |            |           |                            |
| education—      |                |            |                 |            |           | The total amount of        |
| young people    | 423,500        | 799        | 183,800         | 239,700    | 230       | investment by both D       |
| 4. Mass media   |                |            |                 |            |           |                            |
| and social      |                |            |                 |            |           | and C is therefore         |
| marketing of    |                |            |                 |            |           | <b>\$2,313,075</b> and the |
| condoms         | 1,300,000      | 2434       | 569,800         | 730,200    | 234       | total number of            |
| 5. Peer group   |                |            |                 |            |           | infactions avorted is      |
| education—      |                |            |                 |            |           | infections averted is      |
| high risk men   | 500,000        | 862        | 241,400         | 258,600    | 280       | 7,163.                     |
| 6. Targeted AZT |                |            |                 |            |           |                            |
| to pregnant     |                |            |                 |            |           |                            |
| women           | 300,000        | 319        | 204,300         | 95,700     | 640       |                            |
| 7. Voluntary    |                |            |                 |            |           |                            |
| testing         | 310,000        | 261        | 231,700         | 78,300     | 888       |                            |
| 8. Targeted     |                |            |                 |            |           |                            |
| advice for      |                |            |                 |            |           |                            |
| breast feeding  | 150,000        | 62         | 131,400         | 18,600     | 2119      |                            |
| 9. Targeted     |                |            |                 |            |           |                            |
| treatment of    |                |            |                 |            |           |                            |
| STIs            | 560,000        | 204        | 498,800         | 61,200     | 2445      |                            |

## Conclusion

- Assessing the influence of investment in HSS on vertical programmes seems the only way to do economic analysis
  - Finding empirical data to estimate function is a challenge
- Dynamics of investment in HSS can be counterintuitive
  - Individual items may enter and leave optimal portfolio as budget increases
- Maybe decision rules for donors aren't the same as decision rules for countries

Thank you